Dear Parents and Players:

Welcome and thank you for participating in Wrangell’s Youth Basketball, which is programmed to give all interested youth an opportunity to develop fundamental skills and an understanding of the game, to promote sportsmanship, to participate in real games, and above all, to promote fun. Those who win and those who lose have both played their best and should be rewarded as such. We believe that **Athletes come first, Winning comes second.** As the end of this season approaches, we want our young players to leave, anticipating the following season because they had such a positive experience learning the fundamentals of basketball.

If at any time during the season you have a question or concern, please feel free to contact Bridget Davidson or Kate Thomas at 907-874-2444. Let’s all work together to make this a positive season for our youth!

**Registration & Fees**

Registration dates are scheduled for Wednesday, September 2\textsuperscript{nd} through Tuesday September 15\textsuperscript{th}. Registration will not continue after Tuesday, September 15\textsuperscript{th} 2015. Registration may only be extended, due to low numbers / turn out for the program. Registration is open to all 2\textsuperscript{nd}, 3\textsuperscript{rd}, 4\textsuperscript{th}, 5\textsuperscript{th} and 6\textsuperscript{th} grade girls and boys who wish to participate in the Parks and Recreation Youth Basketball Program. The Middle School will be accepting 6\textsuperscript{th} graders into their Middle School program; as well we wish to invite anyone who wishes to join our program to feel free to do so.

The following forms are required at the time of registration, which are included in this packet:

1. Player Participant Agreement & Liability Waiver
2. Parents’ Code of Ethics
3. Volunteer Sign-Up Sheet
4. Youth Basketball Tee-shirt Order Sheet

The League Fee is $40 for the first child in a family and $30 for each additional child in the family, payable at the time of registration. Jerseys will be loaned to players and must be returned to Park & Recreation by December 20\textsuperscript{th} 2015. If the Jersey is not returned by December 20\textsuperscript{th}, the player will be charged an additional $25.00 fee.

There will be additional costs at the end of the season for those participants that choose to travel for tournament. Costs vary depending on the type of transit available. Groups may travel via Breakaway and Shuttle or the Alaska Marine Highway Ferry.

**Team Selection**

Team selection for all players will take place on **Tuesday, September 15\textsuperscript{th}, from 6:00p.m. to 6:30p.m.** at the Community Center Gym. At this time all 2\textsuperscript{nd}, 3\textsuperscript{rd}, 4\textsuperscript{th}, 5\textsuperscript{th} and 6\textsuperscript{th} grade players will be asked to demonstrate their basketball skills. All grade levels will be separated into various groups throughout the gym and asked to perform a variety of skills. The coaches will then go to the multipurpose room to select the teams. All teams will be assigned independent of teams formed last year, in an effort to make the teams as even as possible. Our main goal is to match-up the teams as evenly as possible in the areas of both talent and boy-girl ratio. **Please refrain from requesting a specific coach for your child, as this puts all coaches in an awkward position.**
Travel Team Selection

Under our new program, all 5th and 6th grade players in good standing will be eligible for Travel Team. In the event we need more players to make up teams, the coaches will select from our 4th grade players to make up the rest.

Practice and Game Schedules

Practices will begin after team selection, in the 3rd week of September. Coaches will notify their team members of practice days and times when schedules are available. Once team names have been selected, and practices are confirmed, we will provide a calendar showing specific information. This calendar will also include game days with teams noted.

Volunteering

The youth basketball program can only happen due to the generous donation of community members’ time, volunteering to assist with the program. Please consider volunteering your time to help with this program, by signing up as a Coach, Referee, Score Book Keeper, or Score Clock Keeper. Interested parties are directed to call Bridget Davidson, Recreation Coordinator, at 874-2444.

We also have a volunteer sign-up sheet inside this packet that you may fill out! This is a great way for high school students to earn their community service hours. Any and all help is greatly appreciated. We’re looking forward to a GREAT Youth Basketball season!! Thanks for all you do for Wrangell’s youth.

Rules and Regulations

1. All players shall practice good sportsmanship.
2. Foul language, alcohol, drugs or tobacco will not be tolerated from the children and if encountered will result in the child being removed from the youth basketball program.
3. Food and drink is not allowed in the Gymnasium, with the exception of water for the players. Water should be in a spill-free container.
4. Each player must wear their issued red/white reversible jersey on game days.
5. Players who do not attend practice during the week may not be eligible to play during the subsequent game. Exceptions may be made for athletes with excused absences. Excused absences include; absence due to illness or injury or family emergency with a note from Parents. 6th grade YBB participants who are also involved with the Stikine Middle School Basketball program will be excused from the YBB program if they are participating in a Middle School game with confirmation from Coaches. Athletes that are participating in both programs are encouraged to have ongoing communication with their YBB coach so that they are clear of the expectations.

Basic Game Rules and Interpretations

a. Quarters shall be:
   - Lower Age Groups: Games will consist of four quarters of six (6) minutes, with clock stopped when ball is dead (clock running), each with a one-minute break between quarters. Each player is required to play a minimum of one quarter of playing time.
   - Upper Age Groups: Games will consist of four quarters of eight (8) minutes, with clock stopped when ball is dead (clock running), each with a one-minute break between quarter. Each player is required to play a minimum of one quarter of playing time.

b. Each team is allowed three 1 minute and two 30 second time outs during the game. The referee will remind coaches when they have used all of their time outs.

c. If overtime occurs, it will last for three minutes. If teams are still tied the game will end as a tie.

d. The only jump balls will be to start the game and each overtime period. Alternating possession will be used during the remainder of play.
e. Back court defense: **no pressing.** Once a clear possession change has taken place, the defensive team must fall back to half-court. Back Court will only be allowed the last 2 minutes of the games.

f. Defenses: Man-to-Man or Zone. Each coach is allowed 2 quarters of man to man, and 2 quarters of zone per game.

g. Substitutions: Team coaches may substitute players only after a whistle-stop play. Substitutes must go to the score table before entering play and let the timer know they are ready for substitution.

h. The score table’s score book shall be the official book.

i. Players committing a flagrant foul shall be removed from the game, and could face suspension from the program.

j. Upon the receipt of a player’s fifth personal foul, they will be removed from the game.

k. Free Throws:
   - Fouled in the act of shooting: 1) shot not made – 2 free throws; 2) shot is made – 1 additional free throw
   - Flagrant Personal Foul – two free throws and possession
   - On the 7th team personal foul per half – 1 and 1 bonus
   - Technical fouls – two free throws
   - Lane Violations: A five-second lane violation shall be in effect for all offensive players. A foot on the lane line is considered to be in the lane.
   - No Dunking or grabbing at the rim.

Violations for which the ball is awarded out-of-bounds in an area closest to the foul:
   - Traveling
   - Walking with the ball
   - Taking longer than five seconds to inbound the ball
   - Kicking the ball, accidentally
   - Five-second key violation

Personal fouls will be called for:
   - Tripping
   - Pushing
   - Holding
   - Charging
   - Reaching over the shoulder
   - Excessive use of the elbows and hands, etc.

Technical Fouls:
   - Behavior unbecoming of a player, including swearing on the court or bench. A player on the court, who is charged with this foul, will be asked to leave the court for a two-minute period.
   - Continued arguing/criticizing of the officials by players, coaches or spectators. Spectators will be removed from the gym if they cause problems.
   - Flagrant Fouls
Wrangell Parks & Recreation  
Youth Basketball League  
Player Participation Agreement & Liability Waiver

In consideration of my being permitted by the City & Borough of Wrangell, Parks & Recreation Department, to use its facilities or equipment and participate in its programs, I agree to the following waiver and release and make the following representations.

1. I acknowledge that there may be inherent risks in playing Basketball. I agree not to participate in the Parks & Rec Youth Basketball activity unless physically able to do so.

2. I acknowledge that I am responsible for the inspection and proper use of all Parks & Recreation equipment. I agree to notify a representative of Parks & Recreation if I notice any unsafe equipment or users.

3. I agree to abide by all rules as posted or described by Parks & Recreation. I understand that any violation of the rules or behaviors that detract from the experience of others may be reason to be asked to leave the facilities.

4. I expressly agree and promise to accept and assume all of the risks existing in any activity that I engage in using Parks & Recreation equipment or in connection with any Parks & Recreation program.

5. I understand that Parks & Recreation assumes no responsibility for my personal property while I am using the facilities, and that I am completely responsible for safeguarding my personal property.

6. In consideration for participating in the Youth Basketball League program, I hereby voluntarily completely release, forever discharge, and agree to hold harmless, defend and indemnify the City & Borough of Wrangell and Parks & Recreation from any liability, claims, demands, actions or rights of action that are related to, arise out of, or are in any way connected with my participation in any Parks & Recreation activity or use of Parks & Recreation equipment and facilities, including specifically, but not limited to, the negligent acts or omissions of Parks & Recreation for any and all personal injury that I may incur. In signing this document, I will have no right to make a claim or file a lawsuit against the City & Borough of Wrangell or Parks & Recreation, or the other released parties, even if they or any them negligently cause my bodily injury.

7. This release applies to and binds my personal representatives, heirs, and my family.

8. I consent to any emergency medical treatment as may be necessary during all periods in which I participate in any activity under the supervision of the Parks & Recreation Department. I waive any liability of the City & Borough of Wrangell and any of its agents or employees arising out of such medical treatment.

9. I understand that consumption of alcohol and use of tobacco is prohibited during all Parks & Recreation sponsored activities, regardless of the age of the participants.

I hereby certify that I have read, understand, and agree to the above statements.

<table>
<thead>
<tr>
<th>Participant's Name:</th>
<th>Allergies / Medical Conditions:</th>
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</thead>
<tbody>
<tr>
<td>Participant's Mailing Address:</td>
<td>Email Address:</td>
</tr>
<tr>
<td>Day/Evening Phone:</td>
<td>Emergency Contact/Phone:</td>
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<tr>
<td>Participant's Signature:</td>
<td></td>
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<tr>
<td>Parent/Guardian Signature:</td>
<td></td>
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<tr>
<td>(if Participant Under 18 Years of Age)</td>
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</tr>
<tr>
<td>Team Name:</td>
<td>Participant Date of Birth: ____________</td>
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</tbody>
</table>

PERMISSION AND RELEASE FOR CITY & BOROUGH OF WRANGELL (CITY) USE AND PUBLICATION OF PHOTOGRAPHS, VIDEOTAPE, AND AUDIOTAPE. I give the City permission to take, use, and publish in print, electronic format, including the Internet, video format, and audio format, the likeness or image of myself, my voice, and/or my property. I understand that my identity may be revealed in the publication, and I give permission to include, within the publication, my name, either in descriptive text or by commentary. I release the City from all claims with respect to publication or copyright ownership, including any claim I may have for compensation relating to the use of any of these materials. I have read and understand this statement and I am competent to execute this agreement.

Participant’s Name (Printed)  
Date

Participant’s Signature (Parent’s or Guardian’s signature, if Participant is under the age of 18)
Wrangell Parks & Recreation
Parents' Code of Conduct

Wrangell Parks & Recreation’s goal is to establish youth sports programs as character building for those who participate. We will strive to make honesty, service, respect, responsibility, and forgiveness part of that character building process. Therefore, by participating as a Wrangell youth sports parent, I will adhere to the following Codes.

**Honesty:** Truthfulness and genuineness with yourself and others.

**Forgiveness:** The granting of a pardon without resentment. If the referee makes a bad call, let it go. Remember, no one is perfect and we all make mistakes. Do not be so quick to judge until you are willing to do it yourself.

**Service:** Assistance in meeting the need of others. Correct in a constructive way. Support your child in whatever they do.

**Care:** A choice to care without conditions or limitations. Listen and treat all players equally.

**Respect:** Honor toward others: humility treat players, opponents, officials and coaches as you would wish to be treated (the golden rule).

**Fun:** Take the pressure off. The point is to improve skills and character. WINNING IS SECONDARY!! Try to “accentuate the positive” and celebrate the game, not the outcome.

**Responsibility:** Trustworthiness is the ability to be depended upon. Know the important principles of the sport, strive to improve your own performance as a coach, official, or spectator.

**Fun:** Take the pressure off. The point is to improve skills and character. WINNING IS SECONDARY!! Try to “accentuate the positive” and celebrate the game, not the outcome.

As a Parent I will:

1. Encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials, at every game, practice or other youth sports event.
2. Please the emotional and physical well-being of my child ahead of my own personal desire to win.
3. Demand a drug, alcohol and tobacco free sports event for my child and agree to assist by refraining from their use at all youth sports events.
4. Ask my child to treat other players, coaches, fans and officials with respect.
5. Promise to help my child enjoy the youth sports experience within my personal constraints by assisting in coaching and being a respectful fan.

With my signature, I acknowledge that I have read this **Parents’ Code of Conduct** and that it is my responsibility to conduct myself in a manner conducive to the growth of my child, as well as other children. I understand and will do my best to fulfill the promises made herein and that failure to do so may result in the loss of the privilege to attend future Parks & Recreation activities.

Parent’s Name (Print)

Parent’s Signature _____________ Date _____________
2015 Youth Basketball Tee-Shirt Order Sheet

Youth Basketball Participants and Parents:
This year Parks & Recreation may have the opportunity to create a Team Tee-Shirt for Youth Basketball participants! The tee-shirt design has not yet been fabricated and specific prices have not been determined for participant purchase. This is simply a preliminary measure to get an idea of the participants that might be interested in purchasing a tee. If you are interested in obtaining a tee, please complete this form. More information will be provided as it becomes available.

Parent(s) Name(s): ___________________________
Phone Number: ____________________________

1. Participant Name: ____________________________
   Please select the size tee shirt size:
   - EXTRA SMALL
   - SMALL
   - MEDIUM
   - LARGE
   - EXTRA LARGE

2. Participant Name: ____________________________
   Please select the size tee shirt size:
   - EXTRA SMALL
   - SMALL
   - MEDIUM
   - LARGE
   - EXTRA LARGE

3. Participant Name: ____________________________
   Please select the size tee shirt size:
   - EXTRA SMALL
   - SMALL
   - MEDIUM
   - LARGE
   - EXTRA LARGE
2015 Youth Basketball Volunteer Sheet

Volunteer Name
______________________________
(Please include your first and last name.)

Phone Number
______________________________
(Please include your area code.)

Email:
______________________________
(Please include your complete email address.)

Please check the box to tell us how you would like to volunteer! Thank you!
☐ Coach
☐ Referee
☐ Score Book Keeper
☐ Score Clock Keeper

We could not run programs such as Youth Basketball without generous and
dedicated volunteers. Volunteers make a difference, and we are very grateful for
the time and effort that they put in, to make our community a better place!