

Looking forward to getting back into our sparkling clean and leak free pool to swim laps? Interested in a technique refresher, or maybe interested in finally learning about efficient swimming?

Join us for a series of adult swim clinics hosted by Wrangell Parks and Recreation.

Thursday, 16 July 5:15 pm – 6:30 pm: Swimming Fundamentals Saturday, 18 July 10:00 am – 11:15 am: Freestyle Swimming Saturday, 01 August 10:00 am – 11:15 am: Breaststroke Swimming Saturday, 29 August 10:00 am – 11:15 am: Turns

Additional info, and sign up for clinics at the pool. In-water sessions limited to 10 swimmers/clinic.

(additional in-water sessions will be added if there is interest)

\$5 per Clinic/\$16 if you sign up for all 4 Clinics

Questions?

Contact Bruce at mcqueenbn@gmail.com or 874-2882.

Wrangell Parks & Recreation Adult Swim Clinics

Participation Agreement & Liability Waiver

In consideration of my being permitted by the City & Borough of Wrangell Parks & Recreation Department, to use its facilities or equipment and participate in its programs, I agree to the following waiver and release and make the following representations.

- 1. I acknowledge that there may be inherent risks in many recreational activities. I agree not to participate in any activity unless physically able to do so.
- 2. I acknowledge that I am responsible for the inspection and proper use of all Parks & Recreation equipment. I agree to notify a representative of Parks & Recreation if I notice any unsafe equipment or users.
- 3. I agree to abide by all rules as posted or described by Parks & Recreation. I understand that any violation of the rules or behaviors that detract from the experience of others may be reason to be asked to leave the facilities.
- 4. I expressly agree and promise to accept and assume all of the risks existing in any activity that I engage in using Parks & Recreation equipment or in connection with any Parks & Recreation program.
- 5. I understand that Parks & Recreation assumes no responsibility for my personal property while I am using the facilities, and that I am completely responsible for safeguarding my personal property.
- 6. I hereby voluntarily completely release, forever discharge, and agree to hold harmless, defend and indemnify the City & Borough of Wrangell and Parks & Recreation from any liability, claims, demands, actions or rights of action that are related to, arise out of, or are in any way connected with my participation in any Parks & Recreation activity or use of Parks & Recreation equipment and facilities, including specifically, but not limited to, the negligent acts or omissions of Parks & Recreation for any and all personal injury that I may incur. In signing this document, I will have no right to make a claim or file a lawsuit against the City & Borough of Wrangell or Parks & Recreation, or the other released parties, even if they or any them negligently cause my bodily injury.
- 7. This release applies to and binds my personal representatives, heirs, and my family.
- 8. I consent to any emergency medical treatment as may be necessary during all periods in which I participate in any activity under the supervision of the Parks & Recreation Department. I waive any liability of the City & Borough of Wrangell and any of its agents or employees arising out of such medical treatment.
- 9. I understand that consumption of alcohol and use of tobacco is prohibited during all Parks & Recreation sponsored activities, regardless of the age of the participants.

Participant's Name:	Allergies / Medical Conditions:			
Participant's Mailing Address:	Email Address:			
Day/Evening Phone:	Emergency Contact/Phone:			
Participant's Signature:				
Parent/Guardian Signature: (if Participant Under 18 Years of Age)				
	Participant Date of Birth:	Age:		

PERMISSION AND RELEASE FOR CITY & BOROUGH OF WRANGELL (CITY) USE AND PUBLICATION OF PHOTOGRAPHS, VIDEOTAPE, AND AUDIOTAPE. I give the City permission to take, use, and publish in print, electronic format, including the Internet, video format, and audio format, the likeness or image of myself, my voice, and/or my property. I understand that my identity may be revealed in the publication, and I give permission to include, within the publication, my name, either in descriptive text or by commentary. I release the City from all claims with respect to publication or copyright ownership, including any claim I may have for compensation relating to the use of any of these materials. I have read and understand this statement and I am competent to execute this agreement.

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Participant's Name (Printed)	Date						
Participant's Signature (Parent's or Guardian's signature, if Participant is under the age of 18)							

Adult Swim Clinics Registration Form 2015

Participant's Name:						
DOB:						
Please circle those that apply.						
Gender: Male	Female					
Previous Participant: YES	NO	If yes, w				
Pass Holder: YES NO						
Pass Type: Punch Card	Monthly	Annual	Single	Family	Corporate	
Address:						
City/State/Zip:						_
Email:						
Home Phone:						
Alternate Phone:						
Allergies:						
Medical Concerns:						
Pending or recent injuries:						
Please Circle your swim level						
Beginner	Intermediate				Advanced	
Total Payment Made:						
Date:						