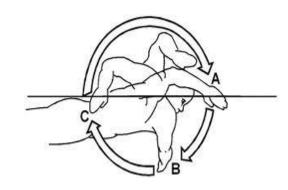
# Wrangell Parks & Recreation is offering the AMERICAN RED CROSS WATER SAFETY INSTRUCTOR (WSI) TRAINING COURSE

## August 23<sup>rd</sup> – September 20<sup>th</sup>, 2014 Registration ends August 22<sup>nd</sup>, 2014

#### **PURPOSE**

To train candidates to teach water safety, including the Basic Water Rescue and Personal Water Safety courses, six levels of Learn-to-Swim, three levels of Preschool Aquatics and two levels of Parent/Child Aquatics.



### **PREREQUISITES**

- Be at least 16-yrs old on/before the last day of the course.
- Successfully complete the pre-course session.
- Swim: 25 yards from crawl; 25 yards back crawl; 25 yards breaststroke; 25 yards elementary backstroke; 25 yards sidestroke; tread water one minute; float on back for one minute in deep water.

#### COURSE COST: \$200.00

American Red Cross Water Safety Instructor (WSI) Manuals and certifications are provided as materials and included in the course fee. For questions about the course or its schedule, please call Victoria or Amber at 907-874-2444.